

The Family Ski Trip Packing List

Everything you actually need — nothing you don't

On-Slope Layers (Per Kid)

- Base layer top & bottom (thermal, not cotton)
- Mid layer fleece
- Waterproof ski jacket & salopettes/snow pants
- Waterproof gloves or mittens (pack a spare pair)
- Ski socks (thin, not thick — thick socks make boots too tight)
- Neck gaiter or balaclava
- Goggles
- Helmet (rent at resort if easier than packing)

Non-Ski Warm Wear

- Warm waterproof boots for walking around the resort
- Casual thermal layers for indoor/apres time
- Warm hat (non-ski days)
- Cozy pajamas — chalets and hotel rooms run cold at night

Ski School Essentials

- Small backpack for ski school (labeled with name)
- Spare gloves in the backpack (they will get one wet)
- Snack and water bottle
- Photo of your meeting point saved on your phone
- Sunscreen (snow glare burns fast) and lip balm

Non-Ski Day / Apres Kit

- Compact travel game (Power Hungry Pets or similar — no loose pieces to lose)
- Swimsuit if the hotel/chalet has a pool or hot tub
- A couple of books or a tablet for downtime
- Snacks for the room — mountain cafe prices add up fast

Travel Day

- Car/plane entertainment (see our travel games printable)
- Snacks for the journey
- Travel pillow/blanket for younger kids
- Medication and a basic first aid kit

Pro tip: Lay everything out by category the night before you pack, not by child — it's much easier to spot what's missing when you can see "all gloves" in one pile.